



AUTISM CARE DEMONSTRATION

Initial Referral Request for Applied Behavior Analysis

This resource is provided as a guide and courtesy only. Providers are not required to use this resource; however, failure to provide the necessary clinical information may result in delays and/or termination of authorized care. For complete guidance on the requirements, please reference TRICARE Operations Manual, Chapter 18, Section 3.

As part of the Autism Care Demonstration (ACD), TRICARE requires a complete referral prior to enrollment in the ACD. The referral must include a definitive Autism Spectrum Disorder (ASD) diagnosis with level of severity/support, [DSM-5 checklist](#) (Attachment A), Validated Assessment Tool (VAT), and a request for Applied Behavior Analysis (ABA).

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|----------------------------|-------------------------------|
| Beneficiary Last Name: | Beneficiary First Name: |
| Beneficiary DoD Benefit #: | Beneficiary DOB (MM/DD/YYYY): |

Note: If the beneficiary is the dependent of an Active-Duty Service Member, the beneficiary must be registered in the Extended Care Health Option (ECHO) Program.

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|--|-------------------------|
| Referring Provider (name and credentials): | |
| Tax ID/NPI: | |
| Initial ASD Diagnosis Date (MM/DD/YYYY): | Symptom Severity Level: |
| Medical/Psychological Co-Morbidities: | |

TRICARE-authorized PCMs and specialized ASD diagnosing providers, board-certified or board-eligible in:

- | | | |
|------------------|-----------------------------------|---|
| Child psychiatry | Developmental behavior pediatrics | Doctoral-level licensed clinical psychologist |
| Child neurology | Neurodevelopmental pediatrics | Family medicine physicians |
| Pediatrician | Doctor of Nurse Practice (DNP)* | Pediatric or family nurse practitioners |

**For DNPs credentialed as developmental pediatric providers, dual American Nurses Credentialing Center (ANCC) board certifications are required as follows: 1) either a pediatric NP or a family NP; and 2) either (Family, or Child/Adolescent) Psychiatric Mental Health Nurse Practitioner (PMHNP) or a (Child/Adolescent) Psychiatric and Mental Health Clinical Nurse Specialist (PMHCNS).*

Validated Assessment Tool (VAT) completed:

Please submit VAT completed and signed by the diagnosing provider in addition to completing the below fields

- | | |
|--|---|
| Autism Diagnostic Interview – Revised (ADI-R) | Screening Tool for Autism in Toddlers and Young Children (STAT) |
| Autism Diagnostic Observation Schedule (ADOS-2) | Childhood Autism Rating Scale – Second Edition (CARS2) |
| Gilliam Autism Rating Scale – Third Edition (GARS) | |

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|----------------------------------|-------------------------------|
| Date VAT Completed (MM/DD/YYYY): | Please Indicate score of VAT: |
|----------------------------------|-------------------------------|

Note: If the beneficiary was first diagnosed with ASD at age eight years or older, then a specialized ASD diagnosing provider evaluation is required.



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Is Applied Behavior Analysis (ABA) therapy recommended? Yes No

Name of preferred ABA provider (if applicable):

| | |
|-------------------------------------|--------------------|
| Signature of Referring Provider: | Date (MM/DD/YYYY): |
| Co-Signature of Referring Provider: | Date (MM/DD/YYYY): |

Please submit this form via the secure provider portal on Availity or via fax at 877-875-9037.